

# Recovery *LIVE!*

## Supervision of Peer Workers: Experiences from the Field

Moderated by Cheryl Gagne, SAMHSA BRSS TACS

Speakers:

**Onzie Travis**

Certified Peer Specialist Supervisor, Omni Health Services

**Zohreh King**

Director of Recovery Services, North Suffolk Mental Health Association

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**SAMHSA**  
Substance Abuse and Mental Health  
Services Administration

# Bringing Recovery Supports to Scale Technical Assistance Center Strategy

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# Today's Presenters

## **Onzie Travis**

Certified Peer Specialist Supervisor, Omni Mental Health Services

## **Zohreh King**

Director of Recovery Services, North Suffolk Mental Health Association

# Housekeeping Items

- Phone lines will be MUTED. Please participate using the “Comments and Questions” chat box.
- You can post questions any time during the presentation.
- The session is scheduled for 60 minutes and is being recorded. The recording link, which reflects today’s chat, will be shared with all registrants.

# Onzie Travis

- **Preparing peers to use supervision well**
- **Preparing supervisors to provide effective supervision**



# Zohreh King

- Hiring, retaining and integrating peer staff
- Building peer community within an organization



# Open Discussion



# Resources

## Guides and Toolkits for Peer Supervision

Meaningful Roles for Peer Providers in Integrated Healthcare: A Guide

[http://www.casra.org/docs/peer\\_provider\\_toolkit.pdf](http://www.casra.org/docs/peer_provider_toolkit.pdf)

Program Development Guide: Ongoing Monitoring, Supervision and Support

<http://peersforprogress.org/resource-guide/ongoingmonitoring-supervision-and-support>

Peer Support Toolkit

<https://dbhids.org/peer-support-toolkit>

(For a quick tutorial in how to use the Peer Support Toolkit, watch this YouTube video:

<https://youtu.be/linLpwRvcMs>)

Supervisor Guide: Peer Support Whole Health and Wellness

[https://www.integration.samhsa.gov/Supervisor\\_Guide\\_to\\_Peer\\_Support\\_Whole\\_Health\\_and\\_Wellness\\_-c-\\_2013.pdf](https://www.integration.samhsa.gov/Supervisor_Guide_to_Peer_Support_Whole_Health_and_Wellness_-c-_2013.pdf)



# Resources

Self-care – 5-minute guided meditation (2 videos)

- <https://www.youtube.com/watch?v=dEzbdLn2bJc>
- <https://www.youtube.com/watch?v=utfw-rJUvy4>

Tips for Stress Reduction

[https://www.nimh.nih.gov/health/publications/stress/5thingssshldknowaboutstress-508-03132017\\_142898.pdf](https://www.nimh.nih.gov/health/publications/stress/5thingssshldknowaboutstress-508-03132017_142898.pdf)

Words Matter: How Language Choice Can Reduce Stigma

<https://www.samhsa.gov/capt/sites/default/files/resources/sud-stigma-tool.pdf>

TIP 57: Trauma Informed Care in Behavioral Health Settings

<https://www.store.samhsa.gov/product/TIP-57-Trauma-Informed-Care-in-Behavioral-Health-Services/SMA14-4816>

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