

# Disability Impacts ALL of US

COMMUNITIES

LIVELIHOOD

HEALTH



## A Snapshot of Disability in the United States

Click for state-specific information →



People living with a disability  
 People living with no disability

# 22%

of adults in the United States have some type of disability

The percentage of people living with disabilities in each state is highest in the Southeast.

### Percentage of adults with select functional disability types

13.0%

**MOBILITY**  
Serious difficulty walking or climbing stairs



10.6%

**COGNITION**  
Serious difficulty concentrating, remembering, or making decisions



6.5%

**INDEPENDENT LIVING**

Difficulty doing errands alone such as visiting a doctor's office or shopping



4.6%

**VISION**  
Blind or serious difficulty seeing, even when wearing glasses



3.6%

**SELF-CARE**  
Difficulty dressing or bathing



## Disability and COMMUNITIES



Disability is especially common in these groups:

women

1 in 4

women have a disability



minorities

3 in 10

non-Hispanic blacks have a disability



Disability Costs

\$400 billion per year in Healthcare Expenditures



## Disability and LIVELIHOOD



Nearly half of those with an annual household income of

less than \$15,000 REPORTED A DISABILITY



1 in 3

unemployed adults

who are able to work

REPORTED A DISABILITY

4 in 10

adults who have

not completed high school

REPORTED A DISABILITY

## Disability and HEALTH



Adults living with disabilities are more likely to:

	With Disabilities	Without Disabilities
<b>BE OBESE</b>	38.4%	24.4%
<b>SMOKE</b>	30.3%	16.7%
<b>HAVE HIGH BLOOD PRESSURE</b>	41.7%	26.3%
<b>BE INACTIVE</b>	36.3%	23.9%

Adults living with disabilities are

3x more likely to have heart disease, stroke, diabetes, or cancer

## Making a Difference

Public Health is for ALL of US



National Center on Birth Defects and Developmental Disabilities  
Division of Human Development and Disability



View infographic and references at: [www.cdc.gov/disabilities/](http://www.cdc.gov/disabilities/)

Contact us: [disabilityandhealthbranch@cdc.gov](mailto:disabilityandhealthbranch@cdc.gov)

Twitter: @CDC\_NCBDDD