

AAHD

American Association on Health and Disability
110 N. Washington Street • Suite • 340-A Rockville, MD 20850

PUBLICATIONS, ORGANIZATIONS, AND PROGRAMS PERTAINING TO BOWEL AND/OR BLADDER DYSFUNCTION IN PEOPLE WITH DISABILITIES

HEALTH CARE PROFESSIONALS WORKING WITH CHILDREN WITH SPINA BIFIDA

Title “Bowel and Bladder Continence among Children and Youth with Spina Bifida”

Source The Kennedy Krieger Research Institute, with funding provided by the National Center on Birth Defects and Developmental Disabilities (NCBDDD) through the Association of University Centers on Disabilities

Format Grant project

Description During the project period of 2005-2008 (still ongoing), clinicians at The Kennedy Krieger Research Institute will test an 8-week behavioral intervention to improve bowel and bladder continence. Children and youth with spina bifida, 5 through 18 years of age, will be recruited through the KKI Spina Bifida Center, Johns Hopkins Pediatric Urology Clinic and from the Chesapeake-Potomac Spina Bifida Association. Each study participant will receive an individual assessment and will develop an antecedent behavior management plan which includes: a written daily schedule for medication and catheterization, a pager prompt, behavioral incentives with positive reinforcement, training for coping skills, and behavioral support therapy in clinic and by phone. Based on the study findings, a tool will be developed to assess barriers to medical adherence.

Contact URL http://www.cdc.gov/ncbddd/dh/DHactivities.htm#sb_LA

Contact Name Michelle Campbell

Contact Title
Contact Dept.

Contact Agency Kennedy Krieger Institute
707 North Broadway
Baltimore, MD 21205

Contact e-Mail

Contact Dept. Phone (443) 923-9132

Title “Bowel and Bladder Management Techniques for Children with Spina Bifida”

Source Children's Hospital, Los Angeles, with funding provided by the National Center on Birth Defects and Developmental Disabilities (NCBDDD) through the Association of University Centers on Disabilities

Format Grant project

Description During the project period of 2005-2008 (still ongoing), researchers at Children's Hospital in Los Angeles, California are studying ways to improve bowel and bladder continence among social, economic, and racially diverse populations of children with spina bifida, 4 through 12 years of age. The objectives of the project are to: identify which strategies for bowel and bladder continence are commonly used by three large health care centers and a military health facility that care for children with spina bifida; evaluate the outcomes of those strategies based on reliable and valid measures of body structure and function, as well as quality of life (social participation and environment); and determine the most effective intervention strategies.

Contact URL http://www.cdc.gov/ncbddd/dh/DHactivities.htm#sb_LA

Contact Name Robert Jacobs Ph.D.

Contact Title

Contact Dept.

Contact Agency Children's Hospital
4650 Sunset Blvd
Los Angeles, CA 90027

Contact e-Mail

Contact Dept. Phone (323) 361-2110

Title “Bowel Management for Toddlers and Preschoolers with Spina Bifida”

Source Dartmouth-Hitchcock Medical Center

Format Webpage

Description This webpage discusses the importance of diet and toddler eating habits, suggestions on how to teach a child to like healthy foods, how to increase fiber in a child's diet, training tips, and suggestions on how to wean a child off the suppository.

Contact URL http://www.dhmc.org/webpage.cfm?site_id=2&org_id=544&morg_id=0&sec_id=0&gsec_id=28691&item_id=28866

Contact Name

Contact Title

Contact Dept.

Contact Agency Dartmouth-Hitchcock Medical Center
One Medical Center Drive
Lebanon, NH 03756

Contact e-Mail

Contact Dept. Phone DHMC Main Line: (603) 650-5000

HEALTH CARE PROFESSIONALS WORKING WITH PEOPLE WITH INCONTINENCE

Title Overview: Urinary Incontinence in Adults: Clinical Practice Guideline Update

Source Agency for Healthcare Research and Quality

Format Guidelines

Description In 1992, the Agency for Health Care Research and Quality (AHCQRQ, now called Agency for Healthcare Research and Quality) of the U.S. Department of Health and Human Services (DHHS) released its first guideline on urinary incontinence. Since then, the guideline has become the standard of care for incontinence in many settings across the country. This update of the guideline includes facts about urinary incontinence, types, causes, and treatment options.

Contact URL <http://www.ahrq.gov/clinic/uioverview.htm>

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www.aahd.us

Contact Dept.

Contact Agency Agency for Healthcare Research and Quality
Office of Communications and Knowledge Transfer
540 Gaither Road, Suite 2000
Rockville, MD 20850

Contact e-Mail

Contact Dept. Phone (301) 427-1364

HEALTH CARE PROFESSIONALS WORKING WITH PEOPLE WITH SPINAL CORD INJURIES

Title "Bladder Management for Adults with Spinal Cord Injury: A Clinical Practice Guideline for Health-Care Professionals"

Source Paralyzed Veterans of America

Format Guideline

Description This evidence-based guideline describes various methods of bladder management in adults with spinal cord injury.

Contact URL

http://www.pva.org/site/PageServer?pagename=pubs_generalpubs#Bladder

Contact Name

Contact Title

Contact Dept.

Contact Agency Paralyzed Veterans of America
801 Eighteenth Street, NW
Washington, DC 20006-3517

Contact e-Mail

Contact Dept. Phone 1-800-555-9140

Title "Neurogenic Bowel Management in Adults with Spinal Cord Injury"

Source Paralyzed Veterans of America on behalf of the Consortium for Spinal Cord Medicine

Format Guideline

Description This guide provides recommendations on the development, modification, and maintenance of bowel management programs for people with neurogenic bowel following a spinal cord injury.

Contact URL <http://www.pva.org/site/News2?page=NewsArticle&id=7651>

Contact Name

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801 Eighteenth Street, NW
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HEALTH CARE PROFESSIONALS WORKING WITH PEOPLE WITH STROKES

Title VA/DoD Clinical Practice Guideline for the Management of Stroke Rehabilitation in the Primary Care Setting, Feb. 2003

Source Department of Veterans Affairs, Veterans Health Administration

Format Guidelines

Description These guidelines include recommendations on assessing bladder function in acute stroke patients, including assessment of urinary retention through the use of a bladder scanner or an in-and-out catheterization, measurement of urinary frequency, volume, and control, and the presence of dysuria. Recommendations also include considering removal of the Foley catheter within 48 hours to avoid increased risk of urinary tract infection and the use of silver alloy-coated urinary catheters, if a catheter is required. It is also suggested that an individualized bladder training program be developed and implemented for patients who are incontinent of urine. Prompted voiding in stroke patients with urinary incontinence and a bowel management program in patients with persistent constipation or bowel incontinence are recommended.

Contact URL http://www.oqp.med.va.gov/cpg/STR/STR_base.htm

Contact Name

Contact Title
Contact Dept.

Contact Agency Department of Veterans Affairs
Veterans Health Administration
Office of Quality and Performance (10Q)
810 Vermont Ave. NW
Washington, DC 20420

Contact e-Mail

Contact Dept. Phone

PARENTS AND CAREGIVERS OF CHILDREN WITH AUTISM

Title Applying Structured Teaching Principles to Toilet Training

Source Chapel Hill TEACCH Center

Format Article by Susan Boswell and Debbie Gray of TEACCH

Description This article on children with autism discusses educational approaches to toilet training and is the compilation of suggestions by several experienced TEACCH teachers and consultants about this area of programming. When setting up a program to help a child learn to toilet independently, the first TEACCH recommendation would be to try to look at the problem from the perspective of the student with autism. Another TEACCH recommendation is to build in many elements of visual structure to help the child understand exactly what is expected. It is important to look at each element of Structured Teaching to decide how visual supports can be added to build positive routines, clarify expectations, and reduce confrontational situations. Involved in the beginning step of assessment is defining a realistic goal; a simple chart can be used to collect the data needed about the child's readiness to toilet independently. One of the principles of Structured Teaching involves structuring the physical environment for success, which is accomplished through the creation of clear boundaries and the reduction of distractions.

Contact URL <http://www.teacch.com/toilet.html>

Contact Name
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Contact Dept.

Contact Agency

Contact e-Mail

Contact Dept. Phone (919) 966-2174

PARENTS AND CAREGIVERS OF CHILDREN WITH SPINA BIFIDA

Title "Toilet Training the Child with Spina Bifida"

Source Spina Bifida Association

Format Fact Sheet

Description This fact sheet includes tips on how to start toilet training with a child with spina bifida, as well as a discussion of what can be done if timed toileting does not result in dryness.

Contact URL

http://www.spinabifidaassociation.org/site/c.liKWL7PLlrF/b.2700297/k.9AF5/Toilet_Training.htm

Contact Name

Contact Title

Contact Dept.

Contact Agency Spina Bifida Association
4590 MacArthur Boulevard, NW
Washington , DC 20007

Contact e-Mail

Contact Dept. Phone (202) 944-3285
800-621-3141

Title "Transitioning Urologic Care"

Source Spina Bifida Association

Format Fact Sheet

Description This fact sheet provides information on transitioning the responsibility of urologic care from parent to child self care as young adults prepare for independent lives. Social and behavioral issues during the transition period are discussed.

Contact URL

http://www.spinabifidaassociation.org/site/c.liKWL7PLlrF/b.2700299/k.A604/Transitioning_Urologic_Care.htm

Contact Name
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Contact Agency Spina Bifida Association
4590 MacArthur Boulevard, NW
Washington , DC 20007

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Contact Dept. Phone (202) 944-3285
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Title “Urologic Care and Management”

Source Spina Bifida Association

Format Fact Sheet

Description This fact sheet discusses the changes in urologic care of children with Spina Bifida in the last decade, including emphasis on early catheterization of the child's lower urinary tract function and preventive treatment to preserve both kidney and bladder function to maximize the child's long-term functioning. In-depth and technical descriptions are provided of newborn assessment, surveillance throughout infancy and early childhood, continence-medical therapy, injection therapy, continence-surgical treatment, and continent and incontinent diversions.

Contact URL

http://www.spinabifidaassociation.org/site/c.liKWL7PLlrF/b.2700305/k.C07F/Urologic_Care_and_Management.htm

Contact Name
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PEOPLE WITH ANY DISABILITY

Title "Bowel Program Guide"

Source The Rehabilitation Institute of Chicago's (RIC) Brain Injury Team, as shown on the website of the RIC LIFE Center

Format Guide

Description This guide discusses the important elements of a bowel program, including diet, fluids, activity, and medications. It stresses the importance of maintaining the program. It also lists steps for a medical professional to take in order to do a rectal check, insert a suppository, and remove an impaction.

Contact URL

<http://life.cleverspin.com/content/511/index.html?topic=1&subtopic=110>

Contact Name

Contact Title

Contact Dept.

Contact Agency LIFE Center
Rehabilitation Institute of Chicago
345 E. Superior Street, First Floor
Chicago, IL 60611

Contact e-Mail

Contact Dept. Phone (312) 238-5433

Title "Bladder Care Resources"

Source The Rehabilitation Institute of Chicago's (RIC) LIFE Center

Format Resource list

Description RIC's LIFE Center's website includes links to binders, books, booklets, community resources, DVDs, information sheets, pamphlets, support groups, and video tapes on topics including bladder care, such as catheters, urinary care for men and women, and urinary tract infections.

Contact URL <http://life.cleverspin.com/content/511/index.html?topic=1&subtopic=110>

Contact Name

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Contact Dept.

Contact Agency LIFE Center
Rehabilitation Institute of Chicago
345 E. Superior Street, First Floor
Chicago, IL 60611

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Contact Dept. Phone (312) 238-5433

Title “Bowel Care Resources”

Source The Rehabilitation Institute of Chicago's (RIC) LIFE Center

Format Resource list

Description RIC's LIFE Center's website includes links to binders, books, booklets, community resources, information sheets, pamphlets, and support groups on topics including neurogenic bowel, ostomy surgery, and ostomy skin care.

Contact URL

<http://life.cleverspin.com/topic/1/?docs=&count=all&sort=type&order=0&subtopic=108&condition=&agegroup=&gender=>

Contact Name

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Contact Dept.

Contact Agency LIFE Center
Rehabilitation Institute of Chicago
345 E. Superior Street, First Floor
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Contact Dept. Phone (312) 238-5433

PEOPLE WITH MULTIPLE SCLEROSIS

Title “Bladder Dysfunction”

Source The National Multiple Sclerosis Society

Format Webpage

American Association on Health & Disability
110 N. Washington Street • Suite 340-A • Rockville, MD 20850
301-545-6140 fax: 301-545-6144
www.aahd.us

Description This webpage describes bladder dysfunction, its symptoms and complications, as well as treatment strategies for bladder management.

Contact URL <http://www.nationalmssociety.org/about-multiple-sclerosis/symptoms/bladder-dysfunction/index.aspx>

Contact Name

Contact Title

Contact Dept.

Contact Agency The National Multiple Sclerosis Society

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Contact Dept. Phone

Title “Bowel Problems: The Basic Facts”

Source The National Multiple Sclerosis Society

Format Brochure

Description This brochure describes the functioning of the bowel, reasons for constipation and diarrhea, complications and treatment of diarrhea and constipation in people with multiple sclerosis, the importance of establishing good bowel habits, and remedies for constipation.

Contact URL <http://www.nationalmssociety.org/multimedia-library/brochures/managing-specific-issues/download.aspx?id=49>

Contact Name

Contact Title

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Contact Agency The National Multiple Sclerosis Society

Contact e-Mail

Contact Dept. Phone

Title “Controlling Bladder Problems in Multiple Sclerosis”

Source The National Multiple Sclerosis Society

Format brochure

Description This brochure explains how multiple sclerosis may affect the urinary system, as well as what can be done to keep problems under control. While urinary dysfunction, or bladder problems, are common in MS, not everyone with MS will have them; for those who do, symptoms vary from person to person and must always be handled on an individual basis. The goals of bladder management are discussed. While the focus of the health-care professional is on preserving function, especially kidney function, the focus of people living with MS is usually to relieve the distressing symptoms. Both goals can be achieved through an active partnership between the professional and the person with MS. Also discussed are the functioning of the bladder, urinary tract infections, tests of bladder function, and storage and emptying dysfunctions and their management.

Contact URL <http://www.nationalmssociety.org/download.aspx?id=51>

Contact Name

Contact Title

Contact Dept.

Contact Agency The National Multiple Sclerosis Society

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Title “Living with an MS Bladder: Four People, Four Stories” by Mary Elizabeth McNary, MA, CRC

Source InsideMS of The National Multiple Sclerosis Society, April-May 2006

Format Article

Description This article appears in The National Multiple Sclerosis Society’s InsideMS, a quarterly lifestyle magazine for people with MS, their families, and healthcare professionals. It is written by a woman who has multiple sclerosis and asserts that while bladder problems are common in people with multiple sclerosis, it helps to keep a sense of humor about them. Four people with multiple sclerosis and their challenges and tricks for handling bladder problems are described.

Contact URL <http://www.nationalmssociety.org/multimedia-library/momentum-magazine/back-issues/download.aspx?id=88>

Contact Name

Contact Title

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Contact Agency The National Multiple Sclerosis Society

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Title “Managing Bowel and Bladder Symptoms”

Source The South Cook, Illinois Multiple Sclerosis Self-Help Support Group

Format Article by Patricia Kennedy, RN, CNP, reprinted with permission from
The Heuga Center

Description The South Cook, Illinois Multiple Sclerosis Self-Help Support Group
provides on its website an article on symptoms and treatment of bowel and bladder
problems in people with multiple sclerosis.

Contact URL http://www.southcookms.org/Watch/results.cfm?this_topic=25

Contact Name

Contact Title

Contact Dept.

Contact Agency The South Cook, Illinois Multiple Sclerosis Self-Help Support
Group

Contact e-Mail

Contact Dept. Phone

Title “Urinary Dysfunction and MS: A Consumer Guide to Clinical Practice
Guidelines, Managing Specific Issues”

Source The National Multiple Sclerosis Society, 2008

Format Guide by Rosalind C. Kalb, PhD and Nancy J. Holland, RN, EdD, MSCN

Description This guide is based on “Urinary Dysfunction and Multiple Sclerosis: A
Clinical Practice Guideline for Professionals” developed by the Multiple Sclerosis Council
for Clinical Practice Guidelines; it was originally prepared based on scientific and
professional information known about urinary dysfunction and multiple sclerosis in 2000
and has been updated several times since then. Topics include normal bladder function,
types of bladder dysfunction in MS, storage dysfunction, emptying dysfunction,
combined dysfunction, urinary tract infection, diagnosis and treatment, behavioral
interventions in treating storage dysfunction, dietary changes in treating emptying
dysfunction, treatment of combined dysfunction, and treatment horizons.

Contact URL <http://www.nationalmssociety.org/download.aspx?id=64>

Contact Name

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Contact Dept.

Contact Agency The National Multiple Sclerosis Society

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Contact Dept. Phone

PEOPLE WITH PARALYSIS

Title "Bladder Management"

Source Christopher and Dana Reeve Paralysis Resource Center

Format Webpage

Description This webpage describes how the bladder works before and after paralysis; why people with paralysis are at high risk for urinary tract infection (UTI); some of the symptoms of UTI; the importance of proper cleaning of urinary care supplies, keeping the skin clean, and drinking the proper amount of fluids in helping prevent infection; and the increased risk of bladder cancer in some people with spinal cord injury.

Contact URL

http://www.paralysis.org/site/c.erJMJUOxFmH/b.1293647/k.C18D/Bladder_Management.htm

Contact Name

Contact Title

Contact Dept.

Contact Agency Christopher and Dana Reeve Paralysis Resource Center
Short Hills Plaza
636 Morris Turnpike, Suite #3A
Short Hills, NJ 07078

Contact e-Mail

Contact Dept. Phone 1-800-539-7309

Title "Bowel Care"

Source Christopher and Dana Reeve Paralysis Resource Center

Format Webpage

Description This webpage describes how the digestive tract works before and after paralysis; methods for emptying the bowel; the importance of individualizing each person's bowel program, taking into account the diagnosis or nerve damage, as well as other factors; and important bowel facts and tips.

Contact URL

http://www.paralysis.org/site/c.erJMJUOxFmH/b.1293645/k.216A/Bowel_Care.htm

Contact Name

Contact Title

Contact Dept.

Contact Agency Christopher and Dana Reeve Paralysis Resource Center
Short Hills Plaza
636 Morris Turnpike, Suite #3A
Short Hills, NJ 07078

Contact e-Mail

Contact Dept. Phone 1-800-539-7309

PEOPLE WITH SPINAL CORD INJURY

Title "Bladder Care and Management"

Source This article by Rehabilitation Research and Training Center (RRTC) in Secondary Complications in SCI at the University of Alabama at Birmingham, Dept. of P M & R appears on The Spinal Cord Injury Resource Center website

Format Article

Description This article on bladder care appears on the Living with Spinal Cord Injury page of The Spinal Cord Injury Resource Center website and discusses such topics as bladder management programs, urinary tract problems, urinary tract infections, bladder cancer, and tips on keeping the urinary system healthy.

Contact URL http://www.spinalinjury.net/html/_bladder_care_and_management.html

Contact Name

Contact Title

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Contact Agency

Contact e-Mail

Contact Dept. Phone

Title "Bladder Management"

Source Northwest Regional Spinal Cord Injury System

Format Pamphlet

Description This pamphlet describes the functioning of the urinary system and how a spinal cord injury affects this functioning, as well as methods that can be used for bladder management such as the use of catheters, stimulated voiding, and surgical alternatives.

Contact URL <http://sci.washington.edu/info/pamphlets/bladder.asp>

Contact Name

Contact Title

Contact Dept.

Contact Agency Northwest Regional Spinal Cord Injury System
University of Washington
Rehabilitation Medicine, Box 356490
Seattle, WA 98195

Contact e-Mail

Contact Dept. Phone (206) 616-2183; 800-366-5643

Title "Bladder Management"

Source UAB Model SCI System

Format video

Description This 33-minute video outlines the impact of bladder management on quality of life in people with spinal cord injuries. Various types of bladder management programs and techniques are illustrated (male and female anatomical models are utilized to demonstrate proper techniques). Included are discussions of prevention and treatment of urinary tract infection and risks for stone formation, as well as

demonstrations on male condom application, male Foley application, female Foley application, male intermittent catheterization, and female intermittent catheterization.

Contact URL <http://www.spinalcord.uab.edu/show.asp?durki=97417>

Contact Name

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Contact Dept.

Contact Agency UAB Model SCI System
Office of Research Services
619 19th Street South, SRC 529
Birmingham, AL 35249-7330

Contact e-Mail

Contact Dept. Phone 205-934-3283

Title Bladder Management Resource links

Source The Spinal Cord Injury Information Network

Format Webpage

Description The Spinal Cord Injury Information Network provides an extensive list of links to publications, videos, training guides, and brochures on Bladder and Bowel Management, as well as organizations working in these areas.

Contact URL <http://www.spinalcord.uab.edu/show.asp?durki=21828>

Contact Name

Contact Title

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Contact Agency UAB Model SCI System
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619 19th Street South, SRC 529
Birmingham, AL 35249-7330

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Contact Dept. Phone (205) 934-3283

Title "Bowel Management"

Source UAB Model SCI System

Format video

Description This 25-minute video stresses the impact of bowel management on quality of life in people with spinal cord injuries. Included are discussions on: predicting bowel movements; avoiding bowel accidents; bowel care procedures; and the impact of nutrition, water, and medications on bowel management, and colostomy management. Anatomical model demonstrations are also included.

Contact URL <http://www.spinalcord.uab.edu/show.asp?durki=97417>

Contact Name

Contact Title

Contact Dept.

Contact Agency UAB Model SCI System
Office of Research Services
619 19th Street South, SRC 529
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Contact Dept. Phone (205) 934-3283

Title “Bowel Management Program after Spinal Cord Injury”

Source healthtouch.com website

Format Webpage

Description Describes the four parts of a bowel management program for a person with spinal cord injury (SCI): activity, diet and liquids, medicines, and routine bowel care. Also included are steps that can be taken for bowel care if a person has spastic bowel, as well as flaccid bowel; the importance of keeping a bowel care record; what information should be included in the bowel care record, what one should do if he or she has an accident in a public place or around other people, where to go for support, and symptoms of autonomic dysreflexia that are not relieved by the bowel program or emptying the bladder.

Contact URL

http://www.healthtouch.com/bin/EContent_HT/cnoteShowLfts.asp?fname=07179&title=BOWEL+MANAGEMENT+PROGRAM+AFTER+SPINAL+CORD+INJURY+&cid=HTHLTH

Contact Name

Contact Title

Contact Dept.

Contact Agency

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Contact Dept. Phone

Title "Bowel Problems" webpage

Source Craig Hospital

Format Webpage

Description This webpage describes the most common problems reported by people with spinal cord injury: constipation, incontinence, hemorrhoids, bleeding, and pain. Tips are discussed on how to stay regular, such as eating more fiber and increasing fluid intake.

Contact URL <http://www.craighospital.org/SCI/METS/bowel.asp>

Contact Name

Contact Title

Contact Dept.

Contact Agency Craig Hospital
3425 S. Clarkson St.
Englewood, CO 80113

Contact e-Mail

Contact Dept. Phone (303) 789-8202

Title "Neurogenic Bowel: What You Should Know"

Source Paralyzed Veterans of America on behalf of the Consortium for Spinal Cord Medicine

Format Guideline

Description This guideline provides information on how spinal cord injury can affect and change bowel function, as well as ways to deal with the changes.

Contact URL <http://www.pva.org/site/News2?page=NewsArticle&id=8095>

Contact Name

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110 N. Washington Street • Suite 340-A • Rockville, MD 20850
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www.aahd.us

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Contact Agency Paralyzed Veterans of America
801 Eighteenth Street, NW
Washington, DC 20006-3517

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Contact Dept. Phone 1-800-555-9140

Title “Taking Care of Your Bowels— Ensuring Success”

Source Northwest Regional Spinal Cord Injury System

Format Pamphlet

Description This pamphlet discusses activities a person with spinal cord injury should avoid related to bowel management, including regular use of stimulant laxatives or enemas, skipping or changing the time of the bowel program, and rushing; also included are tips on how to handle constipation, diarrhea, frequent bowel accidents, mucous accidents, rectal bleeding, excessive gas, and autonomic dysreflexia.

Contact URL http://sci.washington.edu/info/pamphlets/bowels_2.asp

Contact Name
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Contact Agency Northwest Regional Spinal Cord Injury System
University of Washington
Rehabilitation Medicine, Box 356490
Seattle, WA 98195

Contact e-Mail

Contact Dept. Phone (206) 616-2183; 800-366-5643

Title “Taking Care of Your Bowels— The Basics”

Source Northwest Regional Spinal Cord Injury System

Format Pamphlet

Description This pamphlet describes the functioning of the digestive system and how a spinal cord injury affects this functioning, as well as methods that can be used for emptying the bowel and factors that can affect the success of the bowel program.

Contact URL http://sci.washington.edu/info/pamphlets/bowels_1.asp

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Contact Agency Northwest Regional Spinal Cord Injury System
University of Washington
Rehabilitation Medicine, Box 356490
Seattle, WA 98195

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Contact Dept. Phone (206) 616-2183; 800-366-5643

Title Urinary Tract Infections: Indwelling (Foley) Catheter

Source Northwest Regional Spinal Cord Injury System

Format Pamphlet

Description This pamphlet describes the causes, symptoms, and signs of urinary tract infections (UTIs), self care steps that can be taken to prevent UTIs, when one should call a health care provider, how to collect a good specimen for urine culture, and things to know about antibiotic treatment.

Contact URL http://sci.washington.edu/info/pamphlets/uti_2.asp

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Contact Title

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University of Washington
Rehabilitation Medicine, Box 356490
Seattle, WA 98195

Contact e-Mail

Contact Dept. Phone (206) 616-2183; 800-366-5643

Title "Urinary Tract Infections: Intermittent Catheterization"

Source Northwest Regional Spinal Cord Injury System

Format Pamphlet

Description This pamphlet describes the causes, symptoms, and signs of urinary tract infections (UTIs), self care steps that can be taken to prevent UTIs, when one should call a health care provider, how to collect a good specimen for urine culture, and things to know about antibiotic treatment.

Contact URL http://sci.washington.edu/info/pamphlets/uti_1.asp

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Contact Title

Contact Dept.

Contact Agency Northwest Regional Spinal Cord Injury System
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Rehabilitation Medicine, Box 356490
Seattle, WA 98195

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PEOPLE WITH TRAUMATIC BRAIN INJURY

Title "Bowel Care After A Brain Injury"

Source The Ohio State University Medical Center's Department of Rehabilitation Services

Format Factsheet

Description This factsheet describes possible bowel problems that can occur after a brain injury, including incontinence, diarrhea, and constipation, as well as what a person can do to correct his or her bowel problems.

Contact URL <http://medicalcenter.osu.edu/pdfs/PatientEd/Materials/PDFDocs/dis-cond/braininjury/bowel-care.pdf>

Contact Name

Contact Title

Contact Dept.

Contact Agency The Ohio State University Medical Center.
410 W. 10th Avenue
Columbus, OH 43210

Contact e-Mail

Contact Dept. Phone (614) 293-3707

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