



Women with Disabilities and Regular Clinical Breast Exams (CBEs)

- ✓ CBEs are when your health care provider looks at and feels breasts and underarms.
- ✓ Start CBEs at age 20.
- ✓ Ages 20 – 39 and no risk factors: have a CBE at least every 3 years.
- ✓ 40 and older: have a CBE every year.
- ✓ Ask your health care provider how often to have a clinical breast exam if you are at higher risk.



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